



Post Botox Cosmetic or Jeuveau Injection Instructions

Botox Cosmetic and Jeuveau Injections require certain precautions that should be taken after treatment. They are simple but should be followed carefully.

- Botox Cosmetic and Jeuveau may take up to 14 days for optimum results.
- Do not massage or manipulate the treatment area for 24 hours (washing your face and applying make-up is fine). This will keep the Botox Cosmetic or Jeuveau in the desired location.
- Avoid cleansing devices, having a facial, or be face down in a massage cradle or a chiropractor's chair for 24 hours on the treated area(s)
- Keep head elevated above heart for 3-4 hours after injection.
- If forehead was injected, avoid wearing a hat or headband for 24 hours.
- Move the affected muscles by frowning and/or squinting as much as possible within the first 30 minutes after treatment. This will help move the Botox Cosmetic or Jeuveau toward the nerve connections and speed up its effect.
- Take Tylenol as needed for any headache or discomfort.
- Avoid Aspirin, Ibuprofen, Vitamin E, and Fish Oil for 24 hours after injection.
- If you have continued swelling or pain at the injections site, call the office.
- Duration of Botox Cosmetic and Jeuveau varies with each individual. Repeat injections are needed to maintain optimal correction. Please discuss this with your injectionist for appropriate scheduling and treatment.

If you have any additional questions or concerns, please call our office at (616) 888-3100.