



Post Treatment Instructions- Laser Tattoo Removal with PicoSure

Until area is healed (about 10 days):

- Cleanse daily with mild soap and water. Pat dry. Apply Hydra Balm. Keep area moist. Cover with a non-stick bandage.
- Avoid sun exposure to the treated area. Use a broad spectrum UVA/UVB sunscreen with an SPF of 30 or higher. Reapply every 2 hours when exposed to the sun.
- Do not rub or scratch the area.
- Redness, swelling and blistering is expected.
- Discomfort can be relieved by using cool gel packs, ice or acetaminophen.
- No swimming or submersion in water. Showering is fine.
- Avoid friction to the treated area for 4 weeks. (Specifically if tattoo is on the foot)

Call our office at (616) 888-3100 if:

- You have extreme pain and/or swelling.
- You have a fever.