



Post Skin Tyte Treatment Instructions

Patient response can vary after a Skin Tyte treatment. Erythema (redness) is usually noted within a few minutes after the completion of the procedure. A slight sunburn sensation in and around the area treated is also normal and expected. These reactions tend to subside within 1-4 hours after the treatment.

The treated area must be treated with care. **BE GENTLE!** Do not scratch or pick at your skin

- Avoid sun exposure 4 weeks after laser treatment.
- If you have a history of cold sores in the lip or mouth area, please pre-treat with antiviral medication 3 days prior to laser. We would like you to continue treating post laser for an additional 4 days to total 7 days of treatment.
- Until sensitivity has completely subsided, avoid all of the following:
 - Use of scented lotions or soaps, exfoliant creams (Retin-A, glycolic/salicylic and alpha-hydroxy acids), acne creams or gels, loofa sponges and aggressive scrubbing
 - Hot or cold water - wash with tepid water
 - Shaving
 - Swimming pools, hot tubs, saunas and Jacuzzis
 - Activities that cause excessive perspiration
- A cold compress or an ice pack can be used to provide comfort if the treated area is especially warm. This is rarely needed but if so, usually within the first 4 hours after the treatment.
- Makeup can be applied immediately after treatment as long as skin is intact and there are no signs of blistering.
- Post treatment discomfort may be treated with Vitamin E or Aloe Vera applied to the treatment area may provide a soothing effect, Tylenol or Ibuprofen may be used.
- If the skin is broken or a blister appears, apply Vaseline and **contact** the office immediately. Keep the affected area moist and avoid direct sunlight.
- Avoid any sun exposure to the treated area for a minimum of 14 days after the procedure. The treated area is more prone to sunburn and pigmentation change. Use sun block with a protection factor of 30+, reapplying the sun block every two hours.
- Subsequent treatments are based upon your clinician's recommendation and are typically 2-4 weeks apart. The number of treatments needed will depend upon your individual condition and your body's response to the light.

The full effects of the SkinTyte treatment appear gradually. It can take 3 to 6 months for full results, although some patients do see them sooner. Full results have been known to last for up to 6 months, but recent studies have shown that some thermal collagen modifications have lasted up to several years, depending on the rate of the patients aging process.

**If you have any additional questions or concerns, please call our office at
(616) 888-3100.**