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*grand*  
**PEARL**

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SKIN BEAUTY BODY

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**THE SCIENCE  
OF YOU**

REGENERATIVE  
PATHWAYS  
TO LASTING  
BEAUTY  
AND VITALITY





# REGENERATIVE AESTHETICS & WELLNESS AT GRAND PEARL MED SPA

Grand Pearl Spa, located in the heart of Grand Rapids, MI, stands as a leader in aesthetic innovation and medical wellness. As a distinguished destination for individuals committed to elevating their natural beauty, we embrace a refined three-pillar approach: prevent, correct, and protect. We believe aesthetic medicine should transcend superficial solutions, aligning with your body's inherent biology to cultivate lasting vitality from within. Through our collaboration with Plastic Surgery Associates, every client benefits from clinical expertise and medical supervision that sets a new standard throughout West Michigan.

Your experience with us begins with an in-depth analysis of your individual skin characteristics and wellness aspirations. At Grand Pearl Spa, we reject universal protocols in favor of precision. Utilizing advanced diagnostic technology and pharmaceutical-grade interventions, we design a tailored strategy for your regenerative transformation. Whether your focus is reversing environmental damage, optimizing hormonal wellness, or refining skin quality, our team delivers these outcomes within an elegant, nurturing setting where clinical science harmonizes with aesthetic craft. We dedicate ourselves to revealing your most radiant self through research-driven regenerative solutions.



# ABOUT THE TEAM

At Grand Pearl Spa, exceptional results begin with exceptional people. Our team brings together board-certified physicians, specialized nurses, licensed aestheticians, and wellness experts who share a unified commitment to your care. From your initial consultation through every stage of your aesthetic journey, you'll be supported by professionals who understand that true beauty emerges when cutting-edge science meets artful precision.

# DR. ANDREA WOLFE

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*Wellness and Sexual Health Specialist |  
MD, FACOG*



Dr. Andrea Wolfe is a board-certified OB/GYN who has dedicated her career to serving West Michigan communities since 2004, specializing in wellness and sexual health through non-invasive treatment modalities. A graduate of Kalamazoo College and Michigan State University College of Human Medicine, she completed her residency training in Grand Rapids and previously served as an adjunct clinical professor and clerkship director at MSU's medical school.

Her practice philosophy centers on creating a receptive environment where patients feel truly heard, particularly when addressing intimate health challenges that impact daily life. She emphasizes personalized, multi-therapy treatment plans that help women achieve optimal satisfaction through various life stages. She believes strongly in balancing professional excellence with personal wellness, which she pursues through cooking, tennis, and quality time with loved ones.

# DR. MARKA STEENSMA

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*Wellness and Sexual Health Specialist |  
MD, FACOG*



Dr. Marka Steensma is a board-certified OB/GYN with over 15 years of experience, bringing comprehensive expertise in wellness treatments to Grand Pearl Spa with a patient-centric philosophy focused on achieving physical, emotional, and spiritual wholeness. Her specialized practice addresses critical health challenges that diminish quality of life, including hormonal imbalance, sexual dysfunction, urinary incontinence, menopause care, and pelvic pain, offering cutting-edge treatment options designed to complement routine gynecologic care. What sets her practice apart is its unique approach to women's wellness in West Michigan, providing highly specialized care that meets previously unaddressed needs for women from diverse backgrounds throughout all stages of adult life.

# PAMELA JENDRITZ

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*Clinical Director & Injection and Laser Specialist | RN, BS*



With a career spanning more than 30 years, Pamela Jendritz has been a driving force in the evolution of aesthetic medicine in West Michigan. As our Clinical Director, she brings a pioneering spirit to Grand Pearl Spa—a journey that began in 1992, when she helped launch the very first medical skincare spa in the region. Today, she is recognized as a Certified Nurse Master Injector and has served as a National Trainer for Allergan Facial Aesthetics for over a decade.

Pam ensures that every regenerative protocol at Grand Pearl Spa meets the highest clinical standards. She is a firm believer in integrated aesthetics, a philosophy that combines medical-grade skincare with advanced procedural interventions to achieve superior longevity in results. While her expertise covers the full spectrum of modern laser and injectable therapies, she is particularly passionate about the transformative power of the HALO® hybrid fractional laser, microneedling, and HydraFacial® to naturally restore skin vitality.

# BRYAN BROOKS

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*Injection and Skincare Specialist | MSN, RN, FNP-C*



Bryan Brooks is a board-certified Family Nurse Practitioner who earned both his BSN and MSN at Saginaw Valley State University and is currently pursuing his Doctor of Nursing Practice, bringing over ten years of critical care medicine experience to his aesthetic practice. At Grand Pearl Spa and SkinLab, he applies his advanced procedural skills and clinical expertise as a medically trained injection and skincare specialist, focusing on non-surgical facial rejuvenation through neuromodulators, dermal fillers, biostimulators, and laser services. Beyond aesthetics, he leads the Balanced Wellness weight-loss program and offers hormone optimization services. He specializes in developing personalized care plans in collaboration with a team of elite surgical and non-surgical specialists to ensure each patient receives optimal, comprehensive treatment tailored to their unique wellness goals.



# MEET THE ENTIRE GRAND PEARL SPA TEAM

While the providers above lead our regenerative and wellness departments, the full Grand Pearl experience is made possible by a carefully assembled team of elite specialists dedicated to your transformation.

[MEET THE FULL TEAM](#)



# REGENERATIVE SKINCARE TREATMENTS

Regenerative skincare represents a shift from traditional anti-aging to pro-youth science, focusing on stimulating the body's natural repair processes to support collagen, elastin, and healthy skin cell renewal. At Grand Pearl Spa, we offer advanced therapies—including exosomes, microneedling, and radiofrequency (RF) technology—designed to trigger controlled healing for firmer, smoother, more resilient skin over time.

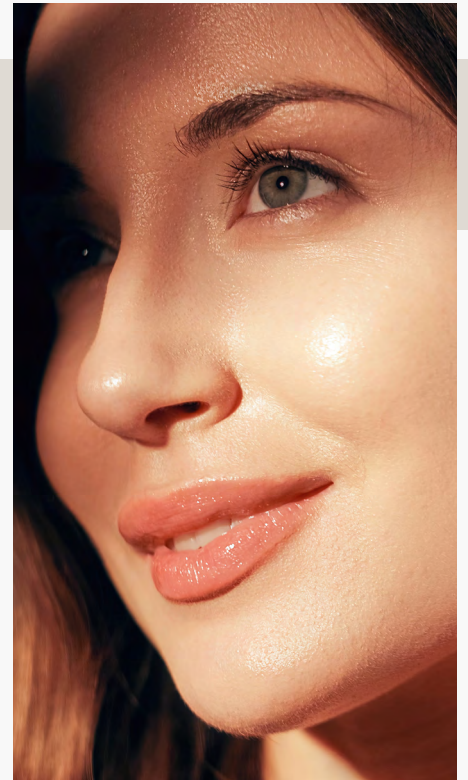
Our approach prioritizes clinical efficacy and safety by pairing medical-grade devices with advanced biologics. With deep expertise in skin histology, our providers precisely tailor treatment depth and energy to your unique skin type and concerns, delivering results that go beyond traditional spa facials.

## *The Future of Cellular Signaling*

# EXOSOMES

Exosomes are powerful signaling molecules that tell your skin cells to behave like younger versions of themselves. This treatment involves applying a concentrated exosome serum following a resurfacing procedure to accelerate healing and maximize collagen production. Downtime is minimal, with mild redness or sensitivity that typically resolves within a few days. Many patients notice improved skin quality within 1-2 weeks, with continued enhancement over several months and results that may last up to a year with proper maintenance.

BOOK NOW



## *The Gold Standard for Natural Collagen Induction*

# MICRONEEDLING

This treatment uses very fine needles to create thousands of micro-channels in the skin, prompting the body to flood the area with growth factors and new structural proteins for a smoother complexion. Most patients experience minimal downtime with brief redness that resolves quickly. Initial improvements are often visible within 2-4 weeks, with continued collagen remodeling over several months and results that can last up to a year with maintenance treatments.

Enhance your microneedling results by adding exosomes or PRP (platelet-rich plasma) to boost collagen production, accelerate healing, and improve overall skin quality

BOOK NOW



*Precision Energy for Deep Skin Tightening*

## LUTRONIC GENIUS® RF

Lutronic Genius® RF combines microneedling with radiofrequency energy to deliver heat deep into the dermis. This advanced technology provides unparalleled skin tightening and contouring by stimulating collagen at precise depths. Downtime is minimal, with mild redness or swelling that typically resolves within a few days. Initial improvements may be seen within a few weeks, with continued tightening and contouring over 3-6 months as collagen remodels, and results that can last up to a year or longer with maintenance.

BOOK NOW



# BIOSTIMULATORY INJECTABLE TREATMENTS

Biostimulatory injectables go beyond traditional fillers by encouraging the body to rebuild its own structural support. Rather than creating immediate volume alone, these treatments stimulate collagen for gradual, natural-looking, long-lasting improvements in skin quality and fullness.

At Grand Pearl Spa, our expertise lies in guiding this regenerative process with precision and artistry. We focus on strengthening the foundation of the face by placing biostimulatory products in the tissue layers where they can most effectively support collagen production—resulting in a subtle lift that develops beautifully over time.

*Natural Rejuvenation From Within*

## PLATELET-RICH PLASMA INJECTIONS

PRP injections involve drawing a small amount of your blood, concentrating the platelets, and reinjecting them into areas of concern. This concentrated “liquid gold” is rich in growth factors that stimulate tissue repair and improve skin health. The treatment typically takes about 45 minutes, with minimal downtime—most patients experience mild swelling for 1-2 days. The benefits include improved skin thickness, reduced fine lines, and a healthy, radiant glow.

BOOK NOW

*The Next Generation  
of Autologous Fillers*

## PRF AND EZ GEL

Platelet-rich fibrin (PRF) and EZ Gel take regenerative science a step further by creating a 100% natural, bio-stimulating gel from your own blood. This gel provides immediate volume like a filler while releasing growth factors over an extended period. Because it is completely autologous, there is no risk of allergic reaction. Recovery involves 2-3 days of mild puffiness, but the result is a significant improvement in under-eye hollowing and facial folds.

BOOK NOW



results may vary

*Rebuild Your Collagen Foundation*

# SCULPTRA®

Sculptra® is an injectable made of poly-L-lactic acid that gradually replaces lost collagen. Unlike traditional fillers, it works over several months to restore facial volume and smooth deep folds. A typical series involves 2 or 3 sessions, with results lasting up to 2 years. It is the perfect choice for those seeking a subtle, gradual transformation that never looks overdone.

BOOK NOW



*results may vary*



# SEXUAL & METABOLIC WELLNESS

True beauty reflects internal health. Our sexual and metabolic wellness programs address hormonal and physiological changes that affect confidence, quality of life, and appearance. From hormone replacement therapy to feminine rejuvenation and medical weight loss, we offer a holistic, medically guided approach that helps you feel as good as you look.

Care is provided in a discreet, compassionate setting using bio-identical hormones and advanced laser technologies to address fatigue, weight gain, and intimacy concerns. At Grand Pearl Spa in Grand Rapids, your wellness plan is thoughtfully aligned with your aesthetic goals for a truly comprehensive transformation.

*Restore Your Natural Vitality*

## HORMONE REPLACEMENT THERAPY

Hormone Replacement Therapy (HRT) uses bio-identical hormones to help rebalance estrogen and testosterone levels, addressing symptoms like fatigue, brain fog, mood changes, and weight gain.

Treatment options include pellets, topical creams, and patches, allowing for a personalized approach based on your needs and lifestyle. Options range from quick in-office procedures to simple at-home applications.

Many patients begin to notice increased energy and improved mood within a few weeks, with results that can last for several months.

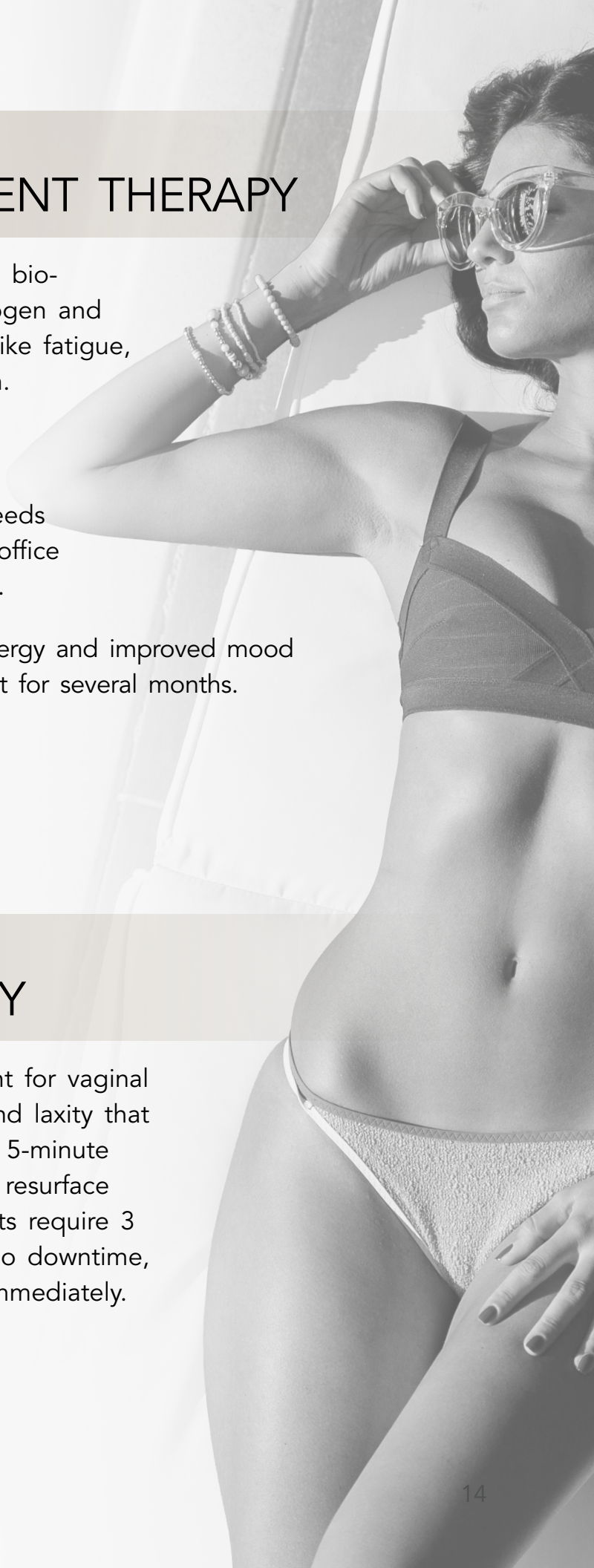
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*Advanced Feminine Rejuvenation*

## DIVA<sup>®</sup> LASER THERAPY

The diVa<sup>®</sup> laser is a breakthrough treatment for vaginal health, addressing concerns like dryness and laxity that often follow childbirth or menopause. This 5-minute procedure uses hybrid laser technology to resurface and strengthen vaginal tissue. Most patients require 3 sessions for optimal results, with virtually no downtime, allowing for a return to normal activities immediately.

BOOK NOW



*Enhance Intimacy Naturally*

## O-SHOT®

The O-Shot® is a regenerative treatment that uses PRP to rejuvenate vaginal tissue and improve sexual response. By injecting growth factors into specific areas, this treatment can increase sensitivity and improve urinary incontinence. The session is quick and comfortable, with benefits that continue to improve over several months following a single session.

BOOK NOW

*Nonsurgical Labial Revitalization*

## VAMPIRE WING LIFT™

This unique procedure utilizes the regenerative power of PRP and dermal fillers to restore volume and youthful contour to the labia majora. It addresses age-related changes without surgery. The treatment is performed in-office with topical numbing, and recovery is minimal, typically involving only minor tenderness for a few days.

BOOK NOW

*Achieve Your Goal Weight Safely*

## BALANCED WELLNESS WEIGHT LOSS INJECTIONS

Our Balanced Wellness program at Grand Pearl Spa offers a medically supervised approach to weight management using advanced peptide therapies. We utilize GLP-1 injections, which mimic natural hormones to regulate appetite, slow gastric emptying, and improve insulin and blood sugar processing. Each dose is a painless injection that takes less than 5 minutes, once a week, with zero downtime, so patients can return to their busy schedules immediately.

This treatment supports significant, sustainable weight loss while quieting the food noise that often undermines traditional dieting. Grand Pearl Spa approaches weight management as a clinical wellness journey, beginning with comprehensive blood work and a consultation to ensure each dosage is precisely tailored to your metabolism. By combining peptide therapy with professional oversight and nutritional guidance, we help patients achieve healthier body composition for long-term vitality.

BOOK NOW





# LIGHT THERAPY FOR TONE & PIGMENTATION

Uneven skin tone, sun spots, and redness can age the skin as much as wrinkles. Laser and light therapies clear the canvas by targeting specific pigments—such as brown from sun damage or red from rosacea—breaking them down so the body can naturally eliminate them.

At Grand Pearl Spa, we use the Sciton® BBL® HERO™ platform, one of the most advanced IPL devices available. Our providers customize light wavelengths to treat everything from vascular lesions to deep pigmentation, delivering clear, luminous skin that reflects light beautifully.

*The Fast Path To Clear Skin*

## BBL® HERO™

BBL® HERO™ (high-energy rapid output) allows us to treat large areas like the back, arms, and legs in minutes. It effectively erases sun damage and redness with minimal discomfort. Most patients see a significant improvement after just 1 or 2 sessions, with the pigment darkening and flaking off within 1 week.

BOOK NOW



*Turn Back the Clock on Your Skin*

## FOREVER YOUNG BBL®

This is the only treatment proven to change the expression of genes associated with aging and longevity. Regular Forever Young BBL® treatments not only clear current pigmentation but also keep the skin looking youthful and vibrant for years to come. It is the ultimate maintenance therapy for long-term skin health.

BOOK NOW



# LASER THERAPY FOR TEXTURE & FINE LINES

When the skin shows texture changes, enlarged pores, or fine lines, resurfacing lasers offer an effective solution. These treatments create controlled thermal zones to stimulate collagen production and improve skin structure. Ablative and non-ablative options allow us to customize intensity based on your lifestyle and desired downtime.

At our Grand Rapids facility, we use the HALO® and MOXI™ systems—state-of-the-art resurfacing lasers. Our expertise allows precise control of laser depth, improving texture while protecting the skin's surface where needed. The result is a smoother, “filtered” appearance that can minimize reliance on heavy makeup.

*The World's First Hybrid Fractional Laser*

# HALO®

HALO® delivers both ablative and non-ablative wavelengths simultaneously. This means you get the deep dermal results of an aggressive laser with the surface healing of a gentle one. It is the premier treatment for addressing deep texture issues while delivering an instant glow in a single session. Recovery typically involves 4-5 days of a sandpaper-like texture on the skin before revealing a fresh, radiant complexion.



BOOK NOW

*Pre-juvenation for All*

# MOXI™

MOXI™ is a gentle fractional laser designed for all skin types and seasons. It is perfect for younger patients looking to pre-juvenate their skin or those looking for a quick refresh with minimal downtime. Each session takes approximately 15 minutes, and you can apply makeup the very next day, making it an ideal lunchtime laser.



BOOK NOW



# LIGHT THERAPY FOR ACNE & SKIN CLARITY

Acne can be frustrating and affect confidence for both teens and adults. Regenerative light therapies provide a drug-free approach to target the root causes of acne, including bacteria, inflammation, and overactive sebaceous glands. This process helps achieve a clearer complexion without the side effects of systemic medications.

At Grand Pearl Spa, we combine light therapy with medical-grade skincare for a comprehensive acne protocol. Our approach not only addresses current breakouts but also repairs the skin barrier and helps prevent future scarring, supporting clearer skin and renewed confidence.

*Clear Skin Without the Prescriptions*  
**FOREVER CLEAR BBL®**

Forever Clear BBL® uses a three-step process: blue light to kill acne-causing bacteria, yellow light to reduce inflammation, and infrared light to initiate the body's natural healing process. It is a comfortable, non-invasive treatment that helps clear active acne and prevents future breakouts. Most patients see significant results after a series of 4-6 sessions.

BOOK NOW





# HAIR RESTORATION

Hair thinning and loss can be deeply personal, but regenerative medicine offers minimally invasive solutions. Using the body's own growth factors and advanced scalp technologies, we can revitalize dormant follicles and improve hair density and quality.

At Grand Pearl Spa, we combine PRP with HydraFacial® Keravive™ to support both biological stimulation and scalp health. This science-backed approach provides patients with safe, natural, and effective results for healthier, fuller-looking hair.

## *Revitalize Your Hair Follicles*

### PRP

PRP injections into the scalp flood the hair follicles with growth factors, increasing blood flow and extending the growth phase of the hair cycle. This treatment is ideal for those experiencing early-stage thinning. A typical protocol involves 3-4 sessions spaced a month apart, with noticeable improvements in hair thickness and scalp coverage within 3-6 months.

BOOK NOW




## *The HydraFacial® for Your Scalp*

### KERAVIVE™

Keravive™ is a unique, relaxing treatment designed to cleanse, nourish, and hydrate the scalp. It removes impurities and delivers a proprietary blend of growth factors and skin proteins. A healthy scalp is the foundation for healthy hair, and Keravive™ is the perfect complement to PRP or as a standalone treatment for those with dry or thinning hair. Most patients notice improvements in scalp health and hair quality within a few weeks, with continued benefits over several months.

BOOK NOW





# THE NEXT CHAPTER OF YOUR WELLNESS STORY BEGINS AT GRAND PEARL SPA

Choosing a regenerative path is an investment in your long-term health and confidence. At Grand Pearl Spa, we are honored to be your partners in this journey, providing the medical expertise, advanced technology, and personalized care you deserve. Whether you are ready to begin a wellness program or simply want to refresh your skin's natural glow, our team in Grand Rapids is here to guide you every step of the way.

Are you ready to experience the transformational power of regenerative aesthetics and wellness? We invite you to schedule a comprehensive consultation with our expert providers to create your custom treatment plan.

[SCHEDULE A CONSULTATION](#)

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**PEARL**

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SKIN BEAUTY BODY

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*Find Us Here*

220 Lyon St #700  
Grand Rapids, MI 49503

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*Call Us Here*

(616) 888-3100



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*Hours/Schedule*

Monday	8:30 AM to 5:00 PM
Tuesday	8:30 AM to 5:00 PM
Wednesday	8:30 AM to 5:00 PM
Thursday	8:30 AM to 7:00 PM
Friday	8:30 AM to 5:00 PM
Saturday	Closed
Sunday	Closed